

# TIPS FOR SUPPORTING STRONG-WILLED CHILDREN

Teaching with CLASS® Podcast

Season 4 Episode 7

Guest: Megin Ruston



Explore valuable insights on dealing with strong-willed children in the classroom in this episode of the Teaching with CLASS® podcast. Hosted by Monica Pujol-Nassif, the podcast features Megin Ruston, an online course facilitation manager at Teachstone, discussing strategies to address the challenges posed by strong-willed children.

**+ Defining Strong-Willed Children:**

Understand what constitutes a strong-willed child, differentiating between developmentally appropriate behaviors and temperament traits.

**+ Understanding Temperament:**

Delve into the concept of temperament and its stability over a person's lifetime, exploring traits like flexibility and adaptability.

**+ Practical Strategies for Teachers:**

Encourage flexibility in strong-willed children by providing opportunities to practice cooperation during calm moments. Utilizing Leadership Qualities: Leverage the perseverance and leadership qualities of strong-willed children by assigning tasks where their traits can be positively expressed.

**+ Normalization of Strong Feelings:**

Discuss the importance of normalizing strong emotions, both for teachers and children, and the role of self-regulation in handling challenging behaviors.

**+ Setting Boundaries:**

Emphasize the significance of setting boundaries while maintaining a safe space for children to express themselves, highlighting the role of behavior guidance.

**+ Self-Regulation for Teachers:**

Stress the importance of teachers understanding their own temperament traits and practicing self-regulation before addressing challenging behaviors.

**+ Acknowledging Teachers' Challenges:**

Recognize the challenges faced by teachers and emphasize the importance of their role in shaping children's growth and development.

To listen to this episode and read the transcript, visit <https://info.teachstone.com/blog/tips-for-supporting-strong-willed-children>

