

Morning Greeting

Research shows that when educators started class by welcoming children at the door, academic engagement increased by 20 percentage points, and disruptive behavior decreased by nine.



1. Be Prepared

Have things ready for the day so you can greet children without distraction. Set up high-interest materials on tables or centers.

2. Establish Arrival Routines

Routines establish trust and a feeling of safety. A special handshake, morning job, poem, or drawing activity can set the tone for the day.

3. Pause and Connect

Take a few moments to allow children to decompress, shift gears, and connect. A big smile can communicate the warmth and respect they need for a fresh start.

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